

## **BOOKS PUBLISHED BY AMITABHA BUDDHIST CENTRE**

### **His Holiness the Dalai Lama**

*Compassion and Wisdom*  
*Illuminating the Path to Enlightenment*

### **Lama Yeshe**

*Becoming Your Own Therapist*  
*Essence of Tibetan Buddhism*  
*Make Your Mind an Ocean*

### **Lama Zopa Rinpoche**

*Making Life Meaningful*  
*Perfect Freedom*  
*Practising the Good Heart*  
*Teachings from the Mani Retreat*  
*The Direct and Unmistaken Method*  
*The Joy of Compassion*  
*Virtue and Reality*

### **Geshe Lama Konchog**

*Kadampa Teachings*  
*Teachings from Lama Konchog*

### **Geshe Tsultim Gyeltsen**

*Mirror of Wisdom*

### **Ribur Rinpoche**

*How To Generate Bodhicitta*

### **Ven. Thubten Chodron**

*The Path to Happiness*

### **Ven. Thubten Chodron and Dr. Alexandar Berzin**

*Glimpse of Reality*

### **Ven. Thubten Gyatso**

*Purpose of Life*  
*The Mind, Karma and the Bodhisattva Path*  
*Transforming Problems into the Path*