

The Power of Sanghata Sutra



Tibet

pilgrimage





AMITABHA
Buddhist Centre
阿弥陀佛佛教中心

Amitabha Buddhist Centre is a centre for the study and practice of Mahayana Buddhism from the Tibetan Vajrayana Tradition. Our aim is to provide a friendly and conducive environment for people to contact and put into practice the teachings of the Buddha. We also seek to serve the wider community through a variety of spiritual, educational and social welfare projects. ABC is under the guidance of Lama Thubten Zopa Rinpoche. We run an active programme of events led by our resident Venerable teachers.

Our Spiritual Adviser
Lama Thubten Zopa Rinpoche

Our Resident Teachers
Geshe Thubten Chonyi

Ven. Tenzin Gyurme

Ven. Tenzin Palzang

Director
Tan Hup Cheng

Centre Manager
Denis Kwan

Centre Administrator
Serene Tan

Operating hours:

Weekdays 11am - 6pm daily

When activities take place
11am - 9.30pm

Sundays 10am - 6pm

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update



July and August were quiet months at ABC this year.

People went on pilgrimage; classes were on summer break.

Former ABC resident teacher Geshe Dawa arrived in early July and spent a few weeks in Singapore. Geshe-la and the monks performed a Tara puja

and a Hayagriva puja at the centre to help clear obstacles. Many of Geshe-la's old students were very happy to see him again and enjoyed meeting him.

We celebrated His Holiness Dalai Lama's birthday on 6 July. ABC members came to the gompa to watch a CNN special on a day in the life of His Holiness. Members said later that they felt very close to His Holiness after seeing what he does as part of his daily routine – this helps us examine our own routine and adjust it!

The Basic Program students sat for their exam at the end of module four on Saturday 9 July. Students celebrated the end of another module and Shakyamuni Buddha Wheel Turning Day by having lunch together the following day, July 10, with Geshe Chonyi. The Basic Program started Module 5 on 12 August with more new students. Geshe Chonyi is teaching on Shantideva's *Engaging in the Bodhisattva Deeds*.

Over 40 ABC members and friends left for a pilgrimage to Tibet with all our Sangha. The group, led by Ven Paldron (Eng), spent almost two weeks on the 'roof of the world' – see inside for part one of the story.

Meanwhile back in Singapore, members celebrated Geshe Chonyi's birthday on 26 July by getting together and reciting the Diamond Cutter sutra. Recitations of the Golden Light sutra and the Sanghata Sutra continued. There is now one recitation every two weeks.

Ven Palzang started the fourth round of meditation classes and a class on Death and Rebirth on Thursday nights. The latter has attracted many new students.

Choden Rinpoche visited our sister centre in Kuala Lumpur and some members traveled up to attend the teachings from this extraordinary lama, who is also one of our Spiritual Director Lama Zopa Rinpoche's gurus.

ABC members celebrated a belated Teachers' Day with Geshe-la, Ven Gyurme and Ven Palzang at Pasta Fresca at East Coast Park on Sunday 4 Sept. Everybody enjoyed the Italian food and later showed off their dance moves with the help of a dancing instructor!

